CHECK UP

GOLDEN VALLEY HEALTH CENTERS MAGAZINE



HEALTHCARE & EDUCATION

2024

A MESSAGE FROM
OUR CHIEF EXECUTIVE OFFICER

At Golden Valley Health Centers (GVHC), we understand the importance of medical education and the path it paves toward a healthier community. Now more than ever, we are demonstrating the power of education.

Through fostering strong relationships with multiple universities and local schools and training programs, GVHC is enhancing our opportunities to build a more robust medical education program. Over the past few years, we have worked diligently to grow our involvement in the Valley Consortium for Medical Education (VCME), Stanislaus County's medical residency program. As a supporter and partner, our goal has been to help build a stronger, more robust medical education program. Through an exciting series of events, the Modesto Paradise Clinic (where the residency program is housed), became a GVHC Paradise Community Health Center this summer. Suddenly we are coordinating a residency program with 33 Family Medicine Resident physicians!

While this is a challenging task, we believe that medical education is one of the most important things we do. We are striving to strengthen the healthcare workforce to continue caring for the growing needs of Central Valley residents. Through medical training and career opportunities, we play an integral role in the healthcare career infrastructure in the Central Valley.

Dr. Carrie Janiski, Regional Medical Director and Medical Education Director for GVHC, now also serves as the VCME Family Medicine Interim Program Director. This provides GVHC the exciting opportunity to serve as the lead facilitator in the residency program. Sustaining and fortifying a critical pipeline for healthcare providers in the area is a top priority for our organization. We are bolstering the pool of family medicine physicians in the region, which is critical as we design for the future growth of our area.

Another exciting education-related development for GVHC is the opening of our first School-Based Health Center in Merced County. School-based health centers promote healthier families, providing health education and medical services to students regardless of whether or not they have health insurance. They also provide care for community members living in the vicinity of the school, making healthcare accessible for many students and families with transportation barriers.



Left: Eduardo T. Villarama, Vice President & Chief Medical Director
Center: Dr. Carrie Janiski, Regional Medical Director & Director of Medical Education
Right: David Quackenbush, President & Chief Executive Officer

School-based health centers have been proven to increase student attendance and they offer high-quality medical care for families, right in the neighborhoods where they live. Teachers and educators intuitively know that healthier children are better students because they are able to focus in class without being distracted by pain, stress, or chronic illness. School-based health centers just make sense.

The new Ranchero Health Center, adjacent to Joe Stefani Elementary School, is a beautiful state-of-the-art clinic with six exam rooms and three dental rooms. Golden Valley Health Centers offers Pediatrics, Family Medicine, Dental care, and Behavioral Health at this location, made possible in partnership with our friends at Merced City School District.

As we grow and expand to meet the healthcare needs of our community, we are proud to work closely with our partners in education. Through critical collaborations, we are changing the future of our community. We know that a healthy future is only possible if we work at it, and we are ready to put in the work.

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SPONSORSHIP OPPORTUNITIES

Golden Valley Health Centers has 65 lobbies in our 45 clinical sites, reaching more than 1,100 employees and 145,000 patients per year. Each quarter (Spring, Summer, Winter, and Fall) new magazines full of interesting and inspiring health-related information will be distributed to lobbies throughout the Central Valley. Patients are encouraged to take a free magazine home to reference later.

Check-Up magazine is brought to you by GVHC Foundation, which exists to support the charitable activities of Golden Valley Health Centers and advance the health and wellness of our communities through awareness, support, and resources for GVHC clinics and patients.

Check-Up Magazine is also available online at **GVHC.ORG**

For underwriting opportunities, please contact: **Foundation@gvhc.org**

CHECK UP

GOLDEN VALLEY HEALTH CENTERS MAGAZINE

GVHC MISSION

We provide access to high-quality health care for all, serving with dignity, respect and compassion.

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CHECK-UP Magazine is published by the Communications Department of Golden Valley Health Centers.

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GOLDEN VALLEY HEALTH CENTERS

SUPPORTING OUR TEAMS' EDUCATIONAL GOALS

The GVHC Foundation, in partnership with Legacy Health Endowment, recently released funding for Golden Valley Health Center's new employee tuition relief scholarship fund. The program, which encourages growth in employees through an upward career path in the medical field, was fully funded by the generosity of Legacy Health Endowment.

"The future of medical education is giving healthcare workers a chance to advance, grow and succeed. If we do not follow this path, we risk alienating current workers who deserve a hand up," stated Jeffrey Lewis, President and CEO of Legacy Health Endowment. The funding covers vocational program expenses or college tuition for individuals who meet the scholarship criteria. Applicants must formally apply for funding and receive approval from a scholarship review committee.

"This is a wonderful opportunity for employees to advance their careers, increase their earnings, learn new skills and fulfill a lifelong dream through education," said Francine Foley, GVHC Foundation's Executive Director. "Golden Valley Health Centers truly cares about its employees and appreciates the work they do for the community. This is an important step toward reaching our Employer of Choice goals, allowing us a new way to support our team members and help them further their education in the healthcare field," she added.

The GVHC Foundation is proud to announce that two GVHC employees were awarded full tuition relief scholarships in August.

Congratulations to these two deserving employees who are taking steps to make their dreams come to life through furthering their medical education!

For more information on this scholarship or the Tony Weber Medical Scholarships that will soon be accepting applications, and accessible to the public, contact Francine Foley at ffoley@gvhc.org or foundation@gvhc.org

Legacy Health Scholarship Winners



Cynthia Pulido

Cynthia currently works as a Medication Assisted Treatment (MAT) RN at GVHC's Tenaya clinic. Cynthia has been with GVHC for 5 years. Cynthia will soon begin a program at Capella University to achieve her Bachelor of Science in Nursing.



Delma Arellano

Delma currently works as a Medical Assistant at Manteca Northgate West and Manteca Medical. Delma has been with GVHC for 2 years and begins a program at Gurnick Academy to achieve her degree in Vocational Nursing.

LHE
Legacy Health Endowment

DIABETES IMPACT ON TEETH

Poorly controlled diabetes increases mouth fluid glucose levels, fostering bacteria growth and gum disease.

Untreated mouth issues from diabetes can result in tooth loss, affecting nearly 25% of diabetic adults aged 50+, compared to 16% without diabetes.

Diabetes raises glucose levels in saliva, fueling harmful bacteria that form plaque, leading to cavities and gum disease if left untreated.



Schedule a dental appointment today by texting a location below.

Modesto Robertson Rd:
1121 Hammond St.
(209) 576-4800

Modesto Hanshaw:
1717 Las Vegas St.
(209) 556-5044

Empire:
198 North G St
(209) 522-1012

Ceres East:
1920 Memorial Dr.
(209) 541-3001

Turlock West:
1200 W Main St.
(209) 656-6000

Patterson:
200 C St.
(209) 892-6307

Manteca:
302 Northgate Dr.
(209) 492-2622

Merced:
747 West Childs Ave.
(209) 383-5764

Merced Ranchero:
2752 N Ranchero Ln.
(209) 383-5764

Planada:
9235 E Broadway St.
(209) 382-1697

Los Banos:
725 West I St.
(209) 826-1094

Newman:
637 Merced St.
(209) 862-9449

CLINIC UPDATES

NOW OPEN

RANCHERO HEALTH CENTER

GVHC opens our first School-Based Health Center in Merced County on September 13! School-based health centers promote healthier families, providing health education and medical services to students and community members living near the school. School-based clinics have been proven to increase school attendance because students can focus in class without being distracted by pain, stress, or illness. Ranchero Health Center is adjacent to Joe Stefani Elementary School, and is located at 2752 Ranchero Lane, Merced.



PARADISE HEALTH CENTER

GVHC's new Paradise Medical Clinic, a former Stanislaus County Health Services Agency facility, is critical to the healthcare system in Stanislaus County. The clinic has long served West Modesto residents, and offers Urgent Care, Family Medicine, Pediatrics, Women's Health, Behavioral Health, HIV Health & Wellness and Gender Affirming Care. It is also the home of Valley Consortium for Medical Education, the Family Medicine Physician Residency Program.



MCHENRY SPECIALTY CLINIC

The new GVHC Modesto Specialty Clinic provides patients with access to a variety of specialty services. Podiatry, Sports Medicine, General Surgery and Orthopedic Surgery, Wound Care and Rehabilitation Services (including Physical and Occupational therapies) are offered here. GVHC now proudly operates 21 specialty services. Appointments must be made via provider referral.



OPENING SOON

MODESTO 6TH STREET DENTAL

GVHC's 6th street dental clinic will open soon, offering convenient proximity to the 6th street medical clinic. Located at 1008 6th street, this new dental clinic will provide dental care to West Modesto residents. Services will include exams and x-rays, extractions, fillings and sealants as well as cleanings. GVHC plans to open this dental clinic in February of 2025.



Kids grow up *fast*. Give them a healthier future.

- Immunizations protect your child from serious diseases.
- Alliance members can earn up to **$250** in gift cards for routine care, including checkups and immunizations for members ages 0-21 years.



Call your child's doctor today to schedule a checkup!

The articles set forth are not an endorsement nor recommendation and are published for educational purposes only.

Making a Difference Gala

Medieval Nights

Golden Valley Health Centers Foundation is hosting our annual "Make a Difference Gala - Medieval Nights" on Saturday, October 12, 2024. Over 300 guests will be treated to Medieval themed décor and food, a live and silent auction and unique entertainment. Proceeds from the Gala support the Foundation's Food Pharmacy, Adopt-A-Family and other projects to assist our patients and families outside of the exam room. Join us for a fun evening!

For more information go to: bit.ly/GalaGVHC

GOLDEN VALLEY HEALTH CENTERS FOUNDATION

Discover, Learn, and Play: GVHC and Modesto Children's Museum Interactive Health Adventure for Kids

In partnership with the Modesto Children's Museum (MoChiMu), GVHC is offering a hands-on medical education workshop for local youth. The interactive exhibit offers an opportunity to explore the human body, and its systems, and an overview of the work that a clinical care team does. The MoChiMu Maker Lab was transformed into a laboratory of health and wellness at the start of summer and it has been a hit with local youth. The activities include a skeletal system puzzle, a "perfect picnic" activity centered on food groups, x-rays that offer examples of broken and healthy bones, some "explore your senses" bins, and a popular activity that allows kids to "become a part of the care team." This career exploration exhibit includes costumes and tools of the trade, as well as a guided activity that teaches hand-washing with UV-reactive "glow germ" light. The glow germ shows children when their hands have germs on them, which cannot be detected with the naked eye. There is also a "wellness wall" with rotating daily prompts around mental and physical wellness.



The mission of the Modesto Children's Museum is to enrich the lives of all children by nurturing creativity, critical thinking, and a love for lifelong learning. To learn more about the museum visit modestochildrensmuseum.org

MEET A PROVIDER

Dr. John Abordo

Dr. John Abordo is a podiatrist that works at the Golden Valley Health Center's Northview clinic in Merced. He started with GVHC in 2007 and was the very first podiatrist hired to serve patients at Golden Valley Health Centers in the Merced community. He is a United States Army veteran and started in the field of mental health before switching his professional path to podiatry. When working in mental health, he used to accompany clients to their medical appointments. "I can remember one client that was having a difficult time walking due to a painful callus. After seeing the podiatrist, he was smiling and no longer in pain. I was impressed at how fast of a relief he got from that one visit. I started to look into podiatry and learned that I could do both clinic and surgery. The rest is history." Abordo likes to say that he went "from the head to the toes" because of his experience in mental health and now podiatry. Abordo completed his education at the California College of Podiatric Medicine and residency at the Department of Veterans Affairs Medical Clinic.

"Everyone wants to be active in the late summer and fall months because the sun is out and it is nice outside. People are participating in outdoor activities like running, jogging and hiking. We see lots of sports related injuries from sprains, to pulled muscles and sometimes fractures. It is important to wear appropriate footwear, for instance for hiking, wear a hiking boot that gives support above the ankle. Don't forget to stretch out first before you start running or sprinting. Those warm up exercises are really important. If you have the unfortunate experience of getting injured, you really have to give time to allow your ankles or feet to get better. If you don't, it can become a chronic condition and take a longer time to heal."

Dr. Abordo has been married for thirty-seven years, has three adult children and two grandchildren. One of his sons is a pediatric dentist and his youngest son Johann Abordo, is a podiatrist that also works for Golden Valley Health Centers. He sees patients at Urgent Care & Senior Health and Wellness and Los Banos clinic locations in Merced county. Abordo Senior says of his son, " It gives me great pleasure to hear from patients that commend my son for his astuteness, knowledge and kindness when treating them. I am glad to have him here at GVHC." Johann says of working with his dad- "It's really a unique situation, I get the luxury of dealing with patients that are familiar with podiatry and Dr. Abordo, Senior. We have a great relationship with the patients, young and old. It's always nice to have an extra mind to push ideas back and forth with."





EDUCATING OUR COMMUNITY

GVHC Town Hall

Join Golden Valley Health Centers for an informative Town Hall meeting in Modesto on Thursday, October 3rd, 2024, at the King-Kennedy Memorial Center, 601 S M.L.K. Dr., Modesto, CA 95351. The event will take place at 5:30 PM.

Learn about the health services offered by Golden Valley Health Centers in Modesto. We will also provide an update on the transition of the Paradise Health Center, which Golden Valley Health Centers took over on July 1st, 2024.

Additionally, enjoy community resources, food, and raffles during the event. We look forward to welcoming you at our Modesto Town Hall and sharing how Golden Valley Health Centers is here to serve you.





YOUR HEALTH ON THE BALLOT

This year, local elections will determine major outcomes in our community. Many issues that affect your health, and your community's health, are on the ballot! Step #1 in voting for your health is registering to vote! Take 30 seconds and register to vote or check your voter registration online if you've moved or changed your name recently.

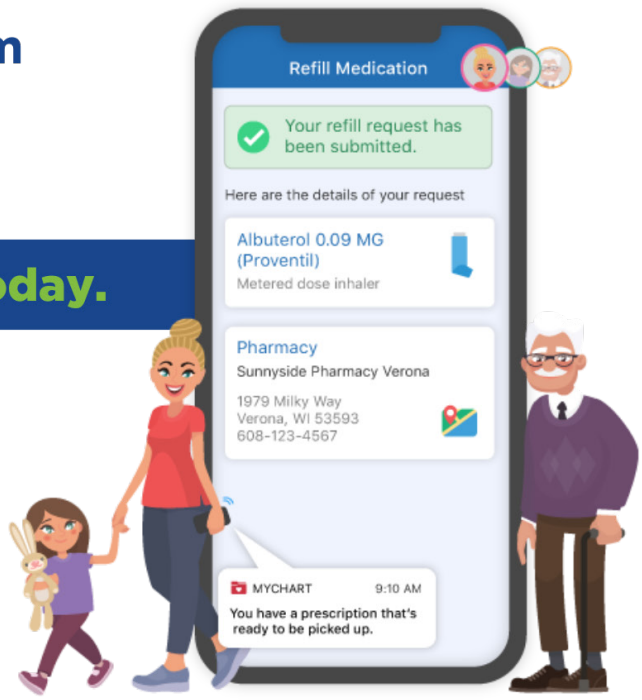
Take this important opportunity to vote for the issues that will improve our health, like air quality, and water issues, safe neighborhoods, education, access to parks or green spaces and affordable medications. These issues affect our health, and they are on the ballot. We encourage everyone to explore the candidates and issues that matter, and VOTE.

Visit https://registertovote.ca.gov/ to register to vote by October 21st 2024.

MyChart

Want to order your Rx Refills or send a message to your care team with a touch of a button?

Ask about MyChart and sign up today.



Visit our MyChart tool page:
https://www.gvhc.org/mychart/mychart-resources/

Download on the App Store

GET IT ON Google Play

My Vote. My Health.

CELEBRATING
CENTRAL VALLEY PACE

September is National PACE Month, a time to celebrate and take pride in our program's effectiveness in helping seniors live independently in our communities. It's an opportunity to showcase what PACE has to offer and educate those who may not be familiar with the program. This year's theme is "Simplify Your Life: At Your PACE," which boldly reflects our work. The month also proudly recognizes the staff who make PACE possible. Our work wouldn't be possible without them. Stay tuned for details about our exciting celebration event during National PACE Month. We hope to see you there and can't wait to celebrate with you!



CENTRAL VALLEY PACE





CENTRAL VALLEY PACE IS NOW SERVING 400+ PARTICIPANTS!

Visit us today to see why so many chose CV PACE for their place of care!

Modesto - 2401 East Orangeburg Ave. Suite 330, Modesto, CA 95355

Merced - 727 West Childs Merced, CA 95341

CVPACE.ORG

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NEW OPPORTUNITIES IN MERCED

Expanding into new communities has always been a priority for PACE. In July of this year, we were fortunate to open a new center in Merced, marking an exciting milestone for our organization. We also hosted our grand opening celebration for this center in August during National Health Center Week, welcoming community leaders, members, potential caregivers, and participants to celebrate this milestone with us. Before this expansion, our services were exclusively available in Modesto, where we served the communities of Stanislaus and San Joaquin County. With the addition of the new center, Central Valley PACE will now extend its reach to serve Merced and the surrounding areas, enabling us to provide essential comprehensive care to a wider population. This expansion represents a significant step forward in our mission to offer accessible care for seniors, allowing them to maintain independence while receiving the support they need within their communities.





OUTREACH & EDUCATION IN YOUR COMMUNITY

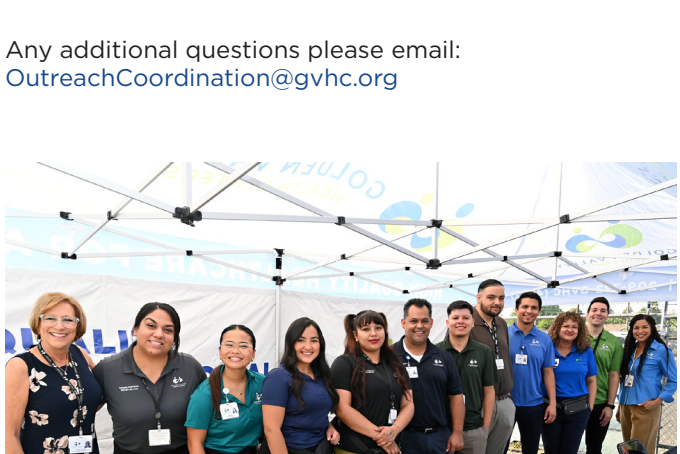
Community Health Worker/Promotores Program

Community Health Worker/Promotores (CHW/P) at Golden Valley Health Centers (GVHC) promote health equity and access and address social determinants of health. CHW/P do this by connecting patients and community members to health care access and wellbeing services and collaborating with community-based organizations with health education presentations and outreach.

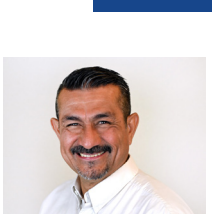
Our CHW/Ps provide individuals and their families' access to primary and preventive care by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community/patient education, community resource connections and advocacy.

For outreach/tabling or health education presentation visit: https://app.smartsheet.com/b/form/1c415c39a424430192e5d29c058ea7f8

Any additional questions please email: OutreachCoordination@gvhc.org



MEET OUR TEAM



Jose L. Chavez Diaz
Community Health Outreach Manager

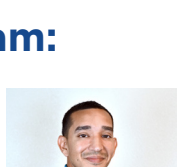
Merced County team:



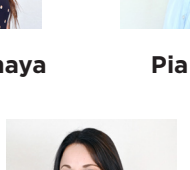
Vanessa Anaya



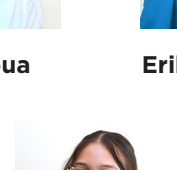
Pia Moua



Erik Gonzalez



Jessica Hurtado



Belsy Mayoral

Stanislaus & San Joaquin County team:



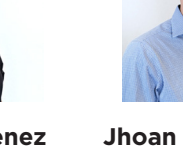
Mario Jimenez



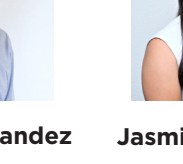
Jhoan Fernandez



Jasmine Magaña



Lizbeth Pantoja



Whitney Beltran

We Care About YOU!



Do not put off your health, protect yourself

A yearly visit with your doctor is helpful to reduce the chance of illness and injury.

Getting vaccinated is an important part of staying healthy. Immunizations defend us against illnesses and protect high risk groups like young children and the elderly. Make sure you and your family get your vaccinations and boosters. This will decrease the chance of spreading diseases.

Scheduling routine health visits gives you a chance to keep up with shots. During your health exam, you can also talk with your doctor about your health goals and get answers to any questions you have.

Make an appointment with your doctor today!

Flu season is coming soon

Here is what you should know about the flu[1]:

Symptoms

- Fever
- Cough
- Sore throat
- Runny/stuffy nose
- Vomiting and diarrhea
- Feeling tired
- Body aches
- Headache
- Chills

High Risk Groups

- Pregnant women
- Adults 65 and older
- Adults with health conditions like:
  - Asthma
  - Heart disease and stroke
  - Diabetes
  - Chronic kidney disease

[1] **Source:** Centers for Disease Control & Prevention, 2023

www.hpsj-mvhp.org
1-888-936-PLAN (7526) TTY 711
Monday – Friday | 8:00 a.m. – 5:00 p.m.

Health Plan of San Joaquin

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Wound Care

Wound care is a new part of the rehabilitation services offered at 1524 McHenry Avenue, Suite 330 in Modesto. Physical and occupational therapies are also offered at this location. Wound care services are provided by a physical therapist with specialized training and over 30 years of experience in the field. Wound care requires a referral from a patient's medical provider.

Commonly treated wounds:

- Leg ulcers (venous stasis ulcers)
- Foot/toe ulcers (typically diabetic ulcers)
- Burns
- Abscesses
- Surgical incisions that will not stay closed
- Wounds that require a VAC (negative pressure wound therapy)

Wound Care Clinic hours are 8 – 11 a.m. and 2 – 4 p.m. Monday – Friday. The first appointment needs to be scheduled by the clinic for wound care evaluation. Follow-up clinic visits will be discussed with the patient as part of the treatment plan after the evaluation.

Important considerations:

- Bed sores (decubitus) are not treated in this clinic
- Wheelchair patients: The area to be treated needs to be accessible while patient is seated in the wheelchair
- The initial wound care visit must be within 1 week of seeing the provider due to the rapidly changing nature of wounds
- Clinic only treats the original wound covered by the referral. Other wounds will require a visit with the patient's provider and a new referral
- The clinic does not treat rashes or swollen legs. The patient must have an open wound in order to be seen in the clinic
- If a patient does not return within 2 weeks of the last wound clinic treatment, a new referral will be required before returning to the clinic for treatment
- No medications can be prescribed by the clinic



Physical and Occupational Therapy

Golden Valley Health Centers Rehabilitation team is composed of licensed, skilled Physical and Occupational Therapists who utilize exercises, stretching techniques, hands-on therapy, and specialized equipment to ease patient pain, help increase mobility, prevent further injury, and facilitate health and wellness. We treat both acute and chronic conditions and injuries. Specialized treatments are used to treat multiple medical conditions and other injuries that cause dysfunction and pain.



Goals of therapy:

- Improve movement
- Reduce or manage pain
- Restore function
- Prevent disability
- Manage chronic conditions

Common conditions treated by Physical and Occupational Therapy:

- Back and neck pain
- Joint pain and stiffness (shoulder, hips, knees and ankles)
- Muscle strains/sprains
- Balance/fall issues
- Recovery from accidents
- Recovery from orthopedic surgeries: shoulders, hips knees and ankles
- Sports injuries
- Arthritis
- Stroke

Occupational Therapy:

- Shoulder, elbow and hand pain
- Carpel Tunnel syndrome
- Hand/tendon lacerations and other trauma aftercare
- Dupuytren's contracture
- Upper extremity scar management from burns
- Amputation
- Stroke
- Arthritis in the upper extremities

MEET A PROVIDER

Dr. Marit Medefind Bond

Marit Medefind Bond, MSN, RN, CDCES, BC-ADM is board certified in Advanced Diabetes Management. She works for Golden Valley Health Centers at the women's clinics in Merced and started with the company in March 2023. Medefind Bond graduated from Harvard University with a Bachelor of Arts in History of Science, and from Johns Hopkins School of Nursing with a Master of Science in Nursing. She knew that she wanted to be a Certified Diabetes Care and Education Specialist at an early age. She was diagnosed with Type 1 diabetes when she was 2 years old. "My own experience living with diabetes has made me passionate about helping people live healthy and full lives while managing the challenges of a chronic illness."

Ms. Medefind Bond helps women manage all types of diabetes during pregnancy, diabetes medications and provides education and guidance regarding diet, exercise, and lifestyle factors. Patients and staff at GVHC may notice that a certain furry friend accompanies her during her work days. "Prim is my service dog and side kick! She was trained with Early Alert Canines in Concord, California, and alerts me when my blood sugar is too high or too low. She provides me with wonderful support in managing my own diabetes, and my patients love her calming presence." A fun fact about Marit is that she is a classical singer and pianist who loves to perform in community theater.



ENHANCED CARE MANAGEMENT SUCCESS

Enhanced Care Management is a new Medi-Cal benefit available to patients with complex needs. Enrolled members work with a lead care manager who coordinates all their health-related care, including physical, mental health, and dental care, as well as social services. Enhanced Care Management (ECM) makes it easier for members to get the right care at the right time in the right setting and receive comprehensive care that goes beyond a provider's office or hospital.

ECM addresses the clinical and non-clinical necessities of Medi-Cal members by building trusting relationships and providing intensive coordination of health and health-related services. A member of the ECM Care Coordination team will meet members wherever they are: at home, in a shelter, in their provider's office, even on the street. Through this program, Community Outreach Specialists connect members to community support services that help patients get access to nutritious food, safe housing, public subsidies, or other services they might need to complement the care they receive by Golden Valley Health Centers. This program benefits patients by helping them avoid the challenge of navigating multiple delivery systems and programs for care and services.

In the first three months of the program, the need for ECM was clear to program leadership. Program staff began reaching out to patients and quickly saw how receptive people are to receiving help. ECM currently serves around 750 people, successfully helping hundreds in the community connect to social programs and services that will improve their lives. While many patients enrolled in the program need supportive services like food and shelter, it isn't uncommon to provide referrals for a variety of life challenges.

"This program makes it easier for people to get the right care at the right time, in the right setting," said Dr. Elaine Soriano, Regional Medical Director of Golden Valley Health Centers. "We want our patients to receive comprehensive care that goes beyond the provider's office or hospital."

The program launched in April, 2024. GVHC and its health plan partners (the Central California Alliance for Health, HealthNet and Health Plan of San Joaquin) estimate that there are thousands of eligible patients across the Central Valley. Any Medi-Cal patient who is interested in learning more about the program or finding out if they are eligible can call (530) 205-3230.

As of August, 2024, over **3,000** referrals have been made for patients in need.





PATIENT SERVICES

MEDICAL:

- Adult Medicine
- Family Medicine
- Health Education
- Immunizations & Vaccines
- Internal Medicine
- Mobile Medical Service
- Pediatrics
- Urgent Care
- Women's Health

BEHAVIORAL HEALTH:

- Individual Therapy
- Patient-Directed Treatment Plans
- Case Management
- Psychiatric Care

DENTAL:

- Cleanings & Oral Hygiene Education
- Exams & X-rays
- Extractions
- Fillings & Sealants

SPECIALTY SERVICES:

- Allergy Care
- Cardiology
- Central Valley PACE
- Chiropractic Care
- Gender Affirming Care
- General Surgery
- GVHC Pharmacy
- HIV Health & Wellness Program
- Medication Assisted Treatment Program
- Nephrology
- Obstetrics and gynaecology
- Occupational Therapy
- Optometry
- Orthopedics
- Podiatry
- Physical Therapy
- Quest Express Diagnostics Lab
- Rheumatology
- Sports Medicine
- Wound Care

To make an appointment call or text: (209) 722-GVHC (4842)

OUR AWARDS

CLINIC LOCATIONS

MEDICAL:

MERCED COUNTY

Merced:
- 847 West Childs Ave.
- 857 West Childs Ave.
- 3940 Sandpiper Ave.
- 797 West Childs Ave.
- 2752 Ranchero Ln.

Dos Palos:
- 1405 California Ave.

Le Grand:
- 13151 Jeerson St.

Los Banos:
- 821 Texas Ave.

Planada:
- 9235 East Broadway St.

STANISLAUS COUNTY

Modesto:
- 1524 McHenry Ave.
- 208 W. Coolidge Ave
- 2101 Tenaya Dr.
- 1510 Florida Ave.
- 1121 Hammond St.
- 1801 Tully Rd, Ste F.
- 209 Kerr Ave.
- 1717 Las Vegas St.
- 1500 Florida Ave.
- 1114 6th St.
- 401 Paradise Rd, Ste E.

Empire:
- 198 G. St North.

Riverbank:
- 4150 Patterson Rd.

Turlock:
- 1200 West Main St.
- 1100 Delbon Ave.
- 1199 Delbon Ave.
- 2240 West Monte Vista Ave.

Ceres:
- 1920 Memorial Dr.
- 3109 Whitmore Ave.

Newman:
- 637 Merced St.

Patterson:
- 200 C St.

Westley:
- 301 Howard Rd.

SAN JOAQUIN COUNTY

Manteca:
- 250 Northgate Dr.
- 302 Northgate Dr.

DENTAL:

MERCED COUNTY

Merced:
- 747 West Childs Ave.
- 2752 Ranchero Ln.

Los Banos:
- 725 West I St.

Planada:
- 9235 East Broadway St.

STANISLAUS COUNTY

Modesto:
- 1717 Las Vegas St.
- 1121 Hammond St.
- 1008 6th St. (coming early 2025)

Empire:
- 198 G. St North.

Ceres:
- 1920 Memorial Dr.

Turlock:
- 1200 West Main St.

Newman:
- 637 Merced St.

Patterson:
- 200 C St.

SAN JOAQUIN COUNTY

Manteca:
- 302 Northgate Dr.

URGENT CARE:

MERCED COUNTY

Merced:
- 857 West Childs Ave.
- 3940 Sandpiper Ave.

STANISLAUS COUNTY

Modesto:
- 1510 Florida Ave.
- 401 Paradise Rd, Ste E.

Turlock:
- 2240 West Monte Vista Ave.

Patterson:
- 200 C St.

SAN JOAQUIN COUNTY

Manteca:
- 250 Northgate Dr.

PHARMACY:

MERCED COUNTY

Merced:
- 857 West Childs Ave.

CENTRAL VALLEY PACE:

MERCED COUNTY

Merced:
- 727 West Childs Ave.

STANISLAUS COUNTY

Modesto:
- 2401 E Orangeburg Ave. Ste 330



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CLINICS ACROSS
THE CENTRAL VALLEY



GVHC COLORING PAGE